



# Anishinaabeg of Naongashiing

Box 335, Morson, ON POW IJO • Phone: 807 488 5602 • Fax: 807 488 5756 • Toll-Free 1-888-238-0102

## Community - Showing Symptoms Policy

1. At first sign of any symptoms of COVID-19 or influenza, community residents **MUST** inform the Health Director and will be required to stay home and self-monitor for 24 hours. If symptoms subside within that timeframe, inform the Health Director and you will be screened. If your pass screening, you do not have to self-isolate for 14-days. If the symptoms do not subside, continue to stay home, get tested at one of the assessment centers or with the Community Health Nurse, and self-isolate for 14 days of first symptoms noticed. The Community Health Nurse will be informed to call for daily check-ins.
2. Residents will be required to arrange for testing at one of the assessment centres, this is to ensure the safety of community members/clients.
3. Upon receiving results, residents will be required to give a copy of their results to the Health Director. If you were contacted via phone for your results, you can give the Public Health Nurse permission to contact the Health Director to notify. If the Public Health Nurse recommends you stay in isolation for the remainder of the 14 days, you are to do so.

## Community – Travel

1. Due to the decrease in active cases, travel to Kenora and Thunder Bay will be allowed. You will be required to self monitor for 14 days for symptoms of COVID-19 upon return.
2. Travel to Manitoba and anywhere outside of *Northwestern Ontario* – residents will be required to self-isolate for 14 days upon return and **MUST** notify the Health Director of travel when leaving and when returning. Testing is only recommended if you are symptomatic and pre-op appointments, so you cannot be tested if travelling to these places. If you do not abide by the travel policy, you will be issued a letter of warning for disciplinary measures in violation of COVID-19 policy as directed by Chief and Council, and the resident may not be eligible for food allowance during your required 14-day isolation. *(Please be cautious of who you are in contact with when travelling: screen who you are visiting, wear masks and use proper hand hygiene, and avoid prolonged exposure to people who have been in high-risk areas)*
3. If you are required to travel for medical appointments to Manitoba, you will be required to self-isolate for 14 days and self-monitor for symptoms of COVID-19 and **MUST** inform the Health Director prior to and upon returning from travel. If you are required to travel to Kenora or Thunder Bay for medical appointments, you must self monitor for 14 days for COVID-19 and inform the Health Director prior to and upon returning from travel. Testing is unavailable unless you are symptomatic or for pre-op purposes. If you become symptomatic, refer to showing symptoms policy.
4. Masks are mandatory for clients in any Band vehicle when travelling locally. This includes staff.



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- 5 Any visitors living outside of the Northwestern Ontario Region and are non-residents, including band members of Anishinaabeg of Naongashiing, are to self-isolate for 14 days before coming in contact with any community member.
- 6 Visitors that are coming from Kenora and Thunder Bay areas, are required to self monitor and wear masks while in the public buildings while visiting in the community. It is recommended that residents screen their visitors prior to visiting the community.

## Masks

- 1 Masks will be mandatory in all public buildings in the community. This includes the band office, CCP office, community center, gymnasium, and the youth center. You will not be permitted to enter these buildings if you do not have a mask unless you have any pre-existing respiratory conditions (asthma, bronchitis, COPD, etc.)

Amended November 5, 2020

Chief Wesley Big George

Councillor David Paul

Councillor Robert Handorgan